

## OET Writing Practice Test - Physiotherapy Sample Case Notes

**Writing Subset:** Physiotherapy  
**Time Allowed:** Reading Time: 5 minutes  
Writing Time: 40 minutes

Read the case notes and complete the task that follows. Imagine today's date as 05/04/2022.

### **Patient details:**

Name: Robert Davis  
Age: 50 years old  
Marital status: Married  
Occupation: Construction worker

### **Personal History:**

Lives a sedentary lifestyle outside of work  
Enjoys playing golf once a week

### **Medical History:**

No previous history of injury or surgery  
No current medical conditions

### **Family History:**

Mother has arthritis  
Father has hypertension

### **Presenting Complaints:**

Lower back pain  
April 04, 2023:

Robert Davis presented with a complaint of lower back pain that started two weeks ago. He reports the pain is located in the lower back, and it has gotten progressively worse over time.

The pain is most intense when he first wakes up in the morning, and it improves throughout the day. Robert works as a construction worker and performs heavy lifting activities throughout the day. He has not experienced any trauma or accidents recently..

### **Writing Task**

Using the information in the case notes, write a referral letter to Ms. Lisa Smith, a physiotherapy specialist, to further manage the patient. Address the letter to: Ms. Lisa Smith, Physical Therapy Clinic, 456 Oak Street, City Center, Australia

## Answer Key - Sample Letter

Dear Ms. Lisa Smith,

I am writing to refer Robert Davis, a 50-year-old male patient who presented with a complaint of lower back pain that started two weeks ago. The pain is located in the lower back, and it has gotten progressively worse over time. The pain is most intense when he first wakes up in the morning, and it improves throughout the day. Robert works as a construction worker and performs heavy lifting activities throughout the day.

Robert has no previous history of injury or surgery, and no current medical conditions. He lives a sedentary lifestyle outside of work and enjoys playing golf once a week. He has a family history of arthritis and hypertension.

I am referring Robert to you for further assessment and management of his lower back pain. Please find enclosed the case notes and examination findings for your reference.

I appreciate your expertise in this matter and look forward to your recommendations for further treatment.

Sincerely,

[Your Name]

**[Physical Therapist]**