

## OET Writing Practice Test - Nurse Sample Case Notes

**Writing Subset:** Nursing  
**Time Allowed:** Reading Time: 5 minutes  
Writing Time: 40 minutes

Read the case notes and complete the task that follows. Imagine today's date as 18/01/2022.

### **Patient details:**

Name: Anthony Brown  
Age: 48 years old  
Marital status: Divorced, lives alone  
Occupation: Sales manager

### **Personal History:**

Engages in triathlon activities: cycling, swimming, and running 10 times per week  
Goes to the gym twice a week  
Follows a vegetarian diet  
Binge drinks only on weekends

### **Medical History:**

Hypercholesterolemia - 2015  
Had a fracture in the right arm due to a fall in 2010  
Was diagnosed with hypertension at the age of 45  
Was diagnosed with sleep apnea at the age of 46

### **Family History:**

Mother had dementia and depression  
Brother has ADHD  
Father has diabetes

## Presenting Complaints:

Visual disturbances

January 17, 2022:

Woke up at 6 am and went swimming in the lake. He then cycled 10 km to work.

8 am, he had breakfast in the office.

2 pm, he had lunch on the office table while busy with work.

4 pm, he felt more tired than usual.

6 pm, he experienced vertigo when he stood up after prolonged sitting and working on the computer. He also experienced nausea and vomiting.

He was taken to the ED by his co-workers and was given IV diazepam as treatment. Got stabilized and was asked to follow up with his own GP.

8 pm, he experienced vertigo again while watching TV, along with decreased hearing in his left ear, nausea, and tinnitus. Felt like the room is moving in an anticlockwise direction.

January 18, 2022: Visited his GP nystagmus, vertigo, and tinnitus - NAD

His GP suspected Meniere's disease and requested a full blood count.

Diphenhydramine (antihistamine) was given 12mg×3 daily.

He was referred to an ENT specialist for a definitive diagnosis and treatment..

## Writing Task

Using the information in the case notes, write a referral letter to Ms. Sarah Tariq, an ENT specialist, to further manage the patient. Address the letter to: Dr. Sarah Tariq, City Hospital, 649/52 St, Melbourne, Australia

## Answer Key - Sample Letter

Dear Dr. Sarah Tariq,

I am writing to refer Anthony Brown, a 48-year-old male patient of mine who presented with vertigo, nausea, vomiting, tinnitus, and decreased hearing in his left ear. His symptoms started after prolonged sitting and working on the computer, and he has a history of engaging in triathlon activities, following a vegetarian diet, and binge drinking on weekends. He has a medical history of hypercholesterolemia, hypertension, and sleep apnea.

Anthony was seen in the ED and given IV diazepam as treatment before being discharged to follow up with his own GP. He has since visited me, and I suspect Meniere's disease. I have requested a full blood count and prescribed Diphenhydramine 12mg x 3 daily as an antihistamine.

I am referring Anthony to you for a definitive diagnosis and treatment of his condition. Please find enclosed the results of his full blood count. I appreciate your expertise in this matter and look forward to your recommendations.

Sincerely,

[Your Name]

**[Nurse Practitioner]**